



CHILDBIRTH & FAMILY EDUCATION

# American Red Cross® Babysitter's Training Course

## 2018 sessions

Variable days of the week, class times are 8:45 a.m. to noon, unless otherwise indicated\*

\* Full day classes are 8:45 a.m. – 3:45 p.m., bring a sack lunch.

\*January 3 (8:45 a.m. – 3:45 p.m.)

March 5 & 7 (8:45 a.m. - noon)

\*March 30 (8:45 a.m. – 3:45 pm)

June 4 & 6 ( 8:45 – noon)

June 25 & 26 (8:45 – noon)

July 9 & 10 (8:45 a.m. – noon)

July 23 & 24 (8:45 a.m. – noon)

August 13 & 14 (8:45 a.m. – noon)

August 27 & 28 (8:45 a.m. – noon)

November 20 (5 – 8:15 p.m.) and

November 21 (8:45 a.m. – noon)

December 27 & 28 (8:45 a.m. – noon)

## Location

Hudson Hospital Conference Center

## Cost

\$75 per child

## Presenter

Paige Lewis, *Childbirth & Family Educator*

## About the class

Your child can learn babysitter skills with the help of Hudson Hospital & Clinics. The American Red Cross® Babysitter's Training Course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions. Youth ages 11 to 15 learn child care, first aid, leadership and communication skills. Topics include: supervising children and infants; performing basic child-care skills such as diapering, feeding and dressing; choosing safe, age-appropriate games and toys; handling bedtime issues; identifying safety hazards and preventing injuries; caring for minor cuts, burns, bee stings; communicating effectively with parents; and finding and interviewing for babysitting jobs.

Class size is limited. The class participant fee includes Babysitter's Training Handbook, Emergency Reference Guide and CD-ROM for babysitters to use in the class and on the job. Snacks and beverages are also available. Must attend both days. Schedule is subject to change.



## Registration required

Class size is limited. Register at [healthpartnerslocalcare.org/classes](http://healthpartnerslocalcare.org/classes).

caring *for*   
mom & baby



## For more information

715-531-6029 | [hudsonhospital.org/classes](http://hudsonhospital.org/classes)

[paige.a.lewis@hudsonhospital.org](mailto:paige.a.lewis@hudsonhospital.org)



Hudson Hospital & Clinic

HealthPartners®