



SIMPLY GOOD



River Falls Elementary December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				12/1 Macaroni & Cheese served with Whole Grain Dinner Roll Turkey & Cheese on whole Grain Bun Seasoned Peas Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges
12/4	12/5	12/6	12/7	12/8
Crisp Chicken Tenders & Whole Grain Dinner Roll Turkey Bagel Club Sandwich Mashed Potatoes & Gravy Fresh Baby carrots Chilled Diced Pears Fresh Local Apples	Cheeseburger on Whole Grain Bun Tater Tot Casserole served with Whole Grain Bread Slices Oven Baked Beans Confetti Cole Slaw Cinnamon Baked Apple Slices Banana	Meatballs in Marinara Sauce served over Whole Grain Pasta served with Dinner Roll Chicken & Cheese Salad served with Whole Grain Dinner Roll Seasoned Corn Fresh Baby Carrots Chilled Pineapple Tidbits Fresh Local Apples	Oven Baked Mini Corn Dogs Italian Meatball Sub on Whole Grain Bun Oven Baked French Fries Caesar Romaine Side Salad Rosy Applesauce Lunch Bunch Grapes	Cheese Pizza Teriyaki Glazed Chicken served with Brown Rice Seasoned Sliced Carrots Fresh Broccoli Buds Chilled Diced Peaches Fresh Local Apples
12/11	12/12	12/13	12/14	12/15
Breaded Chicken Patty on Whole Grain Bun Beef A Roni served with Whole Grain Dinner Roll Oven Baked Tater Tots Fresh Cucumber Slices Chilled Diced Pears Fresh Local Apples	French Toast Sticks, Syrup & Scrambled Eggs *Hot Ham & Cheese on Whole Grain Bun Seasoned Corn Fresh Baby Carrots Chilled Fruit Cocktail Banana	Chicken Alfredo Pasta & Whole Grain Dinner Roll *BBQ Riblet on Whole Grain Bun Seasoned Peas & Carrots Fresh Cauliflower Chilled Pineapple Tidbits Fresh Local Apples	Beef Nachos with Cheese Sauce & Brown Rice Fish Sandwich on Whole Grain Bun Refried Beans Lettuce & Tomato Cups Chilled Applesauce Lunch Bunch Grapes	Toasted Cheese Sandwich on Whole Grain Bread Sloppy Joe on Whole Grain Bun Tomato Soup Fresh Broccoli Buds Chilled Diced Peaches Fresh Local Apples
12/18	12/19	12/20	12/21	12/22
Hamburger on Whole Grain Bun Sweet & Sour Chicken served with Brown Rice Oven Baked French Fries Fresh Celery Sticks Chilled Diced Pears Fresh Local Apples	Pizza Dippers served with Marinara Sauce Swedish Meatballs served over Whole Grain Pasta & Dinner Roll Oven Baked Beans Fresh Baby Carrots Cinnamon Baked Apple Slices Banana	Chicken Nuggets served with Whole Grain Dinner Roll Double Cheese Salad served with Whole Grain Dinner Roll Mashed potatoes & Gravy Fresh Broccoli Buds Chilled Pineapple Tidbits Fresh Local Apples	Oven Baked Corn Dog Italian Baked Pasta served with Whole Grain Dinner Roll Oven Baked Tater Tots Fresh Baby Carrots Chilled Applesauce Lunch Bunch Grapes	Cheese Pizza Egg Salad on Whole Grain Hoagie Seasoned Peas Caesar Romaine Side Salad Chilled Diced Peaches Fresh Local Apples

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

Student Price - \$2.45

Reduced Price - \$.40

Adult price - \$3.70

Milk 1/2 pint - \$.50

Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786

"This institution is an Equal Opportunity Provider."

Director of Dining Services: Sherry Bruggeman