



SIMPLY GOOD



River Falls Elementary March Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3/1	3/2
<p>March is National Nutrition Month</p>			<p>Diced Chicken in Gravy served with Whole Grain Dinner Rolls</p> <p>Fish Sticks & Whole Grain Dinner Roll</p> <p>Mashed Potatoes with Gravy</p> <p>Fresh Broccoli Buds</p> <p>Chilled Peaches</p> <p>Fresh Apple Wedges</p>	<p>Classic Cheese Pizza</p> <p>Hot Ham & Cheese on a WG Bun</p> <p>Seasoned Sliced Carrots</p> <p>Fresh Snap Peas</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>
3/5	3/6	3/7	3/8	3/9
<p>Crispy Chicken Breast Tenders & Whole Grain Dinner Roll</p> <p>Turkey Bagel Club Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Fresh Baby Carrots</p> <p>Chilled Pears</p> <p>Fresh Apple Wedges</p>	<p>Oven Baked Mini Corn Dogs</p> <p>Tater Tot Casserole served with Whole Grain Bread Slices</p> <p>Oven Baked Beans</p> <p>Confetti Coleslaw</p> <p>Baked Cinnamon Apple Slices</p> <p>Banana</p>	<p>Meatballs in Zesty Marinara Sauce served with WG Pasta & Dinner Roll</p> <p>Chicken & Cheese Salad served with Whole Grain Dinner Roll</p> <p>Seasoned Corn</p> <p>Fresh Baby Carrots</p> <p>Chilled Pineapple Tidbits</p> <p>Fresh Orange Wedges</p>	<p>Cheeseburger on Whole Grain Bun</p> <p>Italian Meatball Sub on Whole Grain Bun</p> <p>Seasoned Curly Fries</p> <p>Caesar Romaine Side Salad</p> <p>Chilled Peaches</p> <p>Fresh Apple Wedges</p>	<p>Pizza Dippers Served with Marinara Sauce</p> <p>Beef Stew over a Biscuit</p> <p>Seasoned Sliced Carrots</p> <p>Fresh Broccoli Buds</p> <p>Rosy Applesauce</p> <p>Fresh Orange Wedges</p>
3/12	3/13	3/14	3/15	3/16
<p>Breaded Chicken Patty on Whole Grain Bun</p> <p>Beef A Roni served with Whole Grain Dinner Roll</p> <p>Oven Baked Tater Tots</p> <p>Fresh Cucumber Slices</p> <p>Chilled Pears</p> <p>Fresh Apple Wedges</p>	<p>Chicken Alfredo Pasta & Whole Grain Dinner Roll</p> <p>*BBQ Riblet on Whole Grain Bun</p> <p>Seasoned Corn</p> <p>Fresh Baby Carrots</p> <p>Chilled Mixed Fruit</p> <p>Banana</p>	<p>French Toast Sticks, Syrup & Scrambled Eggs</p> <p>*Hot Ham & Cheese on Whole Grain Bun</p> <p>Seasoned Peas & Carrots</p> <p>Fresh Broccoli Buds</p> <p>Chilled Pineapple Tidbits</p> <p>Lunch Bunch Grapes</p>	<p>Beef Nachos with Cheese Sauce & Brown Rice</p> <p>Fish Sandwich on Whole Grain Bun</p> <p>Refried Beans</p> <p>Lettuce & Tomato Cups</p> <p>Chilled Peaches</p> <p>Fresh Apple Wedges</p>	<p>Toasted Cheese Sandwich on Whole Grain Bread</p> <p>Sloppy Joe on Whole Grain Bun</p> <p>Tomato Soup</p> <p>Fresh Baby Carrots</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>
3/19	3/20	3/21	3/22	3/23
<p>Hamburger on Whole Grain Bun</p> <p>Popcorn Chicken & WG Dinner Roll</p> <p>Augratin Potatoes</p> <p>Fresh Cucumber Slices</p> <p>Chilled Diced Pears</p> <p>Fresh Apple Wedges</p>	<p>Pizza Dippers served with Marinara Sauce</p> <p>Swedish Meatballs served over Whole Grain Pasta & Dinner Roll</p> <p>Oven Baked Beans</p> <p>Fresh Baby Carrots</p> <p>Baked Cinnamon Apple Slices</p> <p>Banana</p>	<p>Chicken Nuggets served with Whole Grain Dinner Roll</p> <p>Double Cheese Salad served with Whole Grain Dinner Roll</p> <p>Mashed Potatoes & Gravy</p> <p>Fresh Broccoli Buds</p> <p>Chilled Pineapple Tidbits</p> <p>Fresh Orange Wedges</p>	<p>Oven Baked Corn Dog</p> <p>Italian Baked Pasta served with Whole Grain Dinner Roll</p> <p>Oven Baked Tater Tots</p> <p>Fresh Baby Carrots</p> <p>Chilled Peaches</p> <p>Fresh Apple Wedges</p>	<p>Classic Cheese Pizza</p> <p>Egg Salad Sandwich on Whole Grain Hoagie</p> <p>Seasoned Corn</p> <p>Caesar Romaine Side Salad</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

*WG - Whole Grain

* Item May Contain Pork

Student Price - \$2.45

Reduced Price - \$.40

Adult price - \$3.70

Milk 1/2 pint - \$.50

Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786

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Director of Dining Services: Sherry Bruggeman