

RIVER FALLS HIGH SCHOOL ACTIVITIES
818 Cemetery Road
River Falls, WI 54022
Phone: 715-425-1830 Fax: 715-425-0784

Rollie Hall, Activities Director

Nancy Gunderson, Activities Secretary

Susan Halling, Activities Assistant

FALL 2016-17 SCHEDULES

Cross Country-HS Aug 15 8:00 – 10:00 am All runners/grades 9 thru 12 meet at HS Track
Coach - Kari DeLuca (Kari.Deluca@rfsd.k12.wi.us)

Cross Country-MS Sep 6 3:00-4:30 pm MMS
Coach – Chelsea Truttman (Chelsea.Truttman@rfsd.k12.wi.us)

Football - HS All information is available at www.riverfallsfootball.com
HS Head Coach - Jason Wolf (Jason.Wolf@rfsd.k12.wi.us)

Football - MS All information is available at www.riverfallsfootball.com
Coaches - Ian Sticht (Ian.Sticht@rfsd.k12.wi.us)
Tim Cunningham (Tim.Cunningham@rfsd.k12.wi.us)

Golf/Girls Aug 8th 8:00 – 10:00 am River Falls Golf Course
Coach – Colleen Sowa (Colleen.Sowa@rfsd.k12.wi.us)

Soccer/Boys Aug 16-31 5:00 – 7:30 pm practice & tryouts
Sep 1 & on 3:30 – 5:30 pm practice
Coach – George Oien (Igoien@comcast.net)

Swimming-Girls Aug 9 Practice M-F - 8–10:30 am and Tu & Th – 3–4:45 pm
Coach – Dennis Dadashev (Dennis.Dadashev@my.uwrf.edu)

Tennis-Girls July 21 6 pm Parent/Athlete Meeting – HS Library
Aug 8 4:00 pm all levels High School Tennis Courts
Aug 9 – 31 Varsity practice 9-11 am; JV practice 4-6 pm
Coach – David Markson (rfsignguy@yahoo.com)

Volleyball-HS Aug 1 6:30 pm Player/Parent Meeting – High School Library
Aug 15 9-12 & 3:30–6:30 pm Tryouts
Aug 16 3:30 pm – 6:30 pm Team practice begins
Aug 29 & on 3:30 – 5:30 pm Team Practice Times
Coach – Sara Kealy – rfvolleyballwildcats@gmail.com

Volleyball-MS Aug 1 5:00 pm Player/Parent Meeting – High School Library
Aug 29-30 5:30 – 7:00 pm 7th Grade Tryouts – HS Gym
Aug 29-30 7:00 – 8:30 pm 8th Grade Tryouts – HS Gym
Aug 31 TBA Team practice begins