

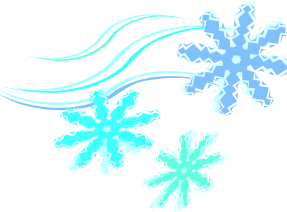





River Falls Elementary January Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| 1 | 2 | 3 | 4 | 5 |
|  | *Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk | French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk | *Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Choice of Low Fat Milk | *Pancake & Sausage on a Stick Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk |
| 8 | 9 | 10 | 11 | 12 |
| *Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk | *Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk | French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk | *Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk | Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk |
| 15 | 16 | 17 | 18 | 19 |
| NO SCHOOL  | *Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk | French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk | *Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk | *Pancake & Sausage on a Stick Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk |
| 22 | 23 | 24 | 25 | 26 |
| *Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk | *Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk | French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk | *Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk | Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk |
| 29 | 30 | 31 | | |
| *Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk | *Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk | French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk |  |  |

Milk... Skim, 1% and Chocolate Skim available daily

Student Breakfast \$1.50
 Reduced Breakfast Price \$.30
 Adult Breakfast \$1.80

Milk 1/2 pt. \$.50

Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 715-425-1830

"This institution is an Equal Opportunity Provider"

Food Service Director-Sherry Bruggeman

WG - Whole Grain
 *Item May Contain Pork