



## Meyer Middle School February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Happy Valentine's Day</b>			2/1	2/2
			Pulled Turkey in Gravy served with Whole Grain Dinner Rolls Fish Sticks & Whole Grain Dinner Roll *Ham & Turkey Chef Salad served with WG Croutons & Dinner Roll Mashed Potatoes & Gravy Fresh Broccoli Buds Chilled Peaches Fresh Apple Wedges	Macaroni & Cheese served with Whole Grain Dinner Roll Turkey & Cheese on Whole Grain Bun Breaded Chicken Caesar Salad served with WG Dinner Roll Seasoned Sliced Carrots Fresh Snap Peas Chilled Applesauce Fresh Orange Wedges
2/5	2/6	2/7	2/8	<b>NATIONAL PIZZA DAY</b>
Crispy Chicken Breast Tenders & Whole Grain Dinner Roll  Turkey Bagel Club Sandwich *Turkey Club Catalina Salad served with WG Croutons & Dinner Roll Mashed Potatoes & Gravy Fresh Baby Carrots Chilled Pears Fresh Apple Wedges	Cheeseburger on Whole Grain Bun  Tater Tot Casserole served with Whole Grain Bread Slices Popcorn Chicken Salad served with WG Dinner Roll Oven Baked Beans Confetti Coleslaw Baked Cinnamon Apple Slices Banana	Meatballs in Zesty Marinara Sauce served with WG Pasta & Bread Stick Fish Sandwich on Whole Grain Bun Chicken Caesar Salad served with WG Croutons & Dinner Roll Seasoned Corn Fresh Baby Carrots Chilled Pineapple Tidbits Fresh Orange Wedges	Oven Baked Mini Corn Dogs  Italian Meatball Sub on Whole Grain Bun *Ham & Turkey Chef Salad served with WG Croutons & Dinner Roll Seasoned Curly Fries Caesar Romaine Side Salad Chilled Peaches Fresh Apple Wedges	*Homemade Pepperoni or Cheese Pizza on WG Crust Teriyaki Glazed Chicken served with Brown Rice Breaded Chicken Caesar Salad served with WG Dinner Roll Seasoned Sliced Carrots Fresh Broccoli Buds Rosy Applesauce Fresh Orange Wedges
2/12	2/13	2/14	2/15	2/16
Breaded Chicken Patty on Whole Grain Bun Herbed Beef A Roni served with Whole Grain Dinner Roll *Turkey Club Catalina Salad served with WG Croutons & Dinner Roll Oven Baked Tater Tots Fresh Cucumber Slices Chilled Pears Fresh Apple Wedges	Chicken Alfredo Pasta & Whole Grain Dinner Roll *BBQ Riblet on Whole Grain Bun Popcorn Chicken Salad served with WG Dinner Roll Seasoned Corn Fresh Baby Carrots Chilled Mixed Fruit Banana	French Toast Sticks, Syrup & Scrambled Eggs *Hot Ham & Cheese on Whole Grain Bun Chicken Caesar Salad served with WG Croutons & Dinner Roll Seasoned Peas & Carrots Fresh Broccoli Buds Chilled Pineapple Tidbits Lunch Bunch Grapes	Beef Nachos with Cheese Sauce & Brown Rice Cheese & Salsa Quesadilla *Ham & Turkey Chef Salad served with WG Croutons & Dinner Roll Refried Beans Lettuce & Tomato Cups Chilled Peaches Fresh Apple Wedges	Toasted Cheese Sandwich on Whole Grain Bread Sloppy Joe on Whole Grain Bun Breaded Chicken Caesar Salad served with WG Dinner Roll Tomato Soup Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges
2/19	2/20	2/21	2/22	2/23
<b>NO SCHOOL</b> 	Pizza Dippers served with Marinara Sauce Swedish Meatballs served over Whole Grain Pasta & Dinner Roll Popcorn Chicken Salad served with WG Dinner Roll Oven Baked Beans Fresh Baby Carrots Baked Cinnamon Apple Slices Fresh Apple Wedges	Chicken Nuggets served with Whole Grain Dinner Roll *BLT Burger on Whole Grain Bun Chicken Caesar Salad served with WG Croutons & Dinner Roll Mashed Potatoes & Gravy Fresh Broccoli Buds Chilled Pineapple Tidbits Fresh Orange Wedges	Oven Baked Corn Dog Italian Baked Pasta served with Whole Grain Dinner Roll *Ham & Turkey Chef Salad served with WG Croutons & Dinner Roll Oven Baked Tater Tots Fresh Baby Carrots Chilled Peaches Fresh Apple Wedges	*Homemade Sausage or Cheese Pizza on WG Crust Egg Salad Sandwich on Whole Grain Hoagie Breaded Chicken Caesar Salad served with WG Dinner Roll Seasoned Corn Caesar Romaine Side Salad Chilled Applesauce Fresh Orange Wedges
2/26	2/27	2/28		
Pancakes, Syrup & Sausage Patties  BBQ Diced Chicken on WG Bun *Turkey Club Catalina Salad served with WG Croutons & Dinner Roll Seasoned Sliced Carrots Fresh Celery Sticks Chilled Pears Fresh Apple Wedges	Beef Tacos on WG Tortilla Shell served with Sour Cream & Salsa Chicken Fajitas on WG Tortilla Shell Popcorn Chicken Salad served with WG Dinner Roll Refried Beans Lettuce & Tomato Cups Chilled Mixed Fruit Banana	Hot Dog on Whole Grain Bun Chicken Parmesan served with Seasoned Pasta Chicken Caesar Salad served with WG Croutons & Dinner Roll Seasoned Green Beans Fresh Baby Carrots Chilled Pineapple Tidbits Lunch Bunch Grapes		

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

\*WG - Whole Grain

\* Item May Contain Pork

Student Price - \$ 2.75

Reduced Price - \$.40

Adult Price - \$3.70

Milk 1/2 pint - \$.50

*Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786*

**"This institution is an Equal Opportunity Provider."**

Director of Dining Services: Sherry Bruggeman