





River Falls Elementary September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 				
9/4	9/5	9/6	9/7	9/8
		<p><b><u>Welcome Back Picnic Lunch</u></b></p> <p>Beef Hot Dog on Whole Grain Bun Sloppy Joe on Whole Grain Bun Sun Chips Baked Beans Chilled Pineapple Tidbits Watermelon Slices</p>	<p>Diced Chicken in Gravy served with Whole Grain Dinner Rolls Fish Sticks &amp; Whole Grain Dinner Roll Mashed Potatoes with Gravy Red &amp; Green Pepper Strips Chilled Peaches Fresh Local Apples</p>	<p>Macaroni &amp; Cheese served with Whole Grain Dinner Roll Turkey &amp; Cheese on Whole Grain Hoagie Seasoned Broccoli Buds Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges</p>
9/11	9/12	9/13	9/14	9/15
<p>Crispy Chicken Breast Tenders &amp; Whole Grain Dinner Roll Turkey Bagel Club Sandwich Mashed Potatoes &amp; Gravy Fresh Baby Carrots Chilled Pears Fresh Local Apples</p>	<p>Hamburger on Whole Grain Bun Tater Tot Casserole served with Whole Grain Bread Slices Oven Baked Beans Confetti Coleslaw Chilled Mixed Fruit Banana</p>	<p>Meatballs in Zesty Marinara Sauce served with WG Pasta &amp; Dinner Roll Chicken &amp; Cheese Salad served with Whole Grain Dinner Roll Seasoned Corn Fresh Baby Carrots Chilled Pineapple Tidbits Fresh Orange Wedges</p>	<p>Oven Baked Mini Corn Dogs Italian Meatball Sub on Whole Grain Bun Oven Baked French Fries Caesar Romaine Side Salad Chilled Peaches Fresh Local Apples</p>	<p>Classic Cheese Pizza Teriyaki Glazed Chicken served with Brown Rice Seasoned Sliced Carrots Fresh Broccoli Buds Rosy Applesauce Fresh Orange Wedges</p>
<b>National Cheeseburger Day</b>		9/19	9/20	9/21
<p>Cheeseburger on Whole Grain Bun Beef A Roni served with Whole Grain Dinner Roll Oven Baked Tater Tots Fresh Cucumber Slices Chilled Pears Fresh Local Apples</p>	<p>French Toast Sticks, Syrup &amp; Scrambled Eggs Chicken Salad on Whole Grain Hoagie Seasoned Corn Fresh Baby Carrots Chilled Mixed Fruit Banana</p>	<p>Chicken Alfredo Pasta &amp; Whole Grain Dinner Roll *BBQ Riblet on Whole Grain Bun Broccoli &amp; Cheese Sauce Fresh Cauliflower Buds Chilled Pineapple Tidbits Lunch Bunch Grapes</p>	<p>Beef Nachos with Cheese Sauce &amp; Brown Rice Fish Sandwich on Whole Grain Bun Refried Beans Lettuce &amp; Tomato Cups Chilled Peaches Fresh Local Apples</p>	<p>Toasted Cheese Sandwich on Whole Wheat Bread Sloppy Joe on Whole Grain Bun Tomato Soup Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges</p>
9/25	9/26	9/27	9/28	9/29
<p>Breaded Chicken Patty on Whole Grain Bun Sweet &amp; Sour Chicken served with Brown Rice Oven Baked French Fries Fresh Cucumber Slices Chilled Pears Fresh Local Apples</p>	<p>Pizza Dippers served with Marinara Sauce Swedish Meatballs served over Whole grain Pasta &amp; Dinner Roll Oven Baked Beans Fresh Baby Carrots Chilled Mixed Fruit Banana</p>	<p>Chicken Nuggets served with Whole Grain Dinner Roll Double Cheese Salad served with Whole Grain Dinner Roll Mashed Potatoes &amp; Gravy Fresh Broccoli Buds Chilled Pineapple Tidbits Fresh Orange Wedges</p>	<p>Oven Baked Corn Dog Italian Baked Pasta served with Whole Grain Dinner Roll Oven Baked Tater Tots Fresh Baby Carrots Chilled Peaches Fresh Local Apples</p>	<p>Classic Cheese Pizza *Hot Ham &amp; Cheese on Whole Grain Bun Seasoned Corn Caesar Romaine Side Salad Chilled Applesauce Fresh Orange Wedges</p>

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

Student Price - \$2.45

Reduced Price - \$.40

Adult price - \$3.70

Milk 1/2 pint - \$.50

Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786

**"This institution is an Equal Opportunity Provider."**

Director of Dining Services: Sherry Bruggeman