



River Falls Elementary January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7	1 8	2 9	3 10	4 11
		French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	*Sausage Pancake Wrap with Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk
14	15	16	17	18
*Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk
21	22	23	24	25
	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk
28	29	30	31	
*Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and Choice of Diced Peaches 100 % Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	

Milk... Skim, 1% and Chocolate Skim available daily

Student Breakfast \$1.50
 Reduced Breakfast Price \$.30
 Adult Breakfast \$1.80

Milk 1/2 pt. \$.50

Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 715-425-1830

"This institution is an Equal Opportunity Provider"

Food Service Director-Sherry Bruggeman

WG - Whole Grain
 *Item May Contain Pork