




River Falls Elementary January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1/1	1/2	1/3	1/4
		Hot Dog on Whole Grain Bun Fish Sticks & Whole Grain Dinner Roll Mashed Potatoes & Gravy Fresh Baby Carrots Chilled Pineapple Tidbits Fresh Orange Wedges	Beef Tacos on WG Tortilla Shell served with Sour Cream & Salsa Chicken Fajitas on WG Tortilla Shell Refried Beans Lettuce & Tomato Cups Chilled Peaches Fresh Apples	Classic Cheese Pizza Beef Stroganoff over Pasta & Dinner Roll Seasoned Peas & Carrots Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges
1/7	1/8	1/9	1/10	1/11
Pancakes, *Sausage & Syrup Turkey & Cheese Sandwich on Whole Grain Bun Seasoned Sliced Carrots Fresh Snap Peas Cinnamon Baked Apple Slices Fresh Orange Wedges	Oven Baked Mini Corn Dogs Tater Tot Casserole served with Whole Grain Dinner Rolls Oven Baked Beans Confetti Coleslaw Chilled Pears Fresh Apples	Meatballs in Zesty Marinara Sauce served with Pasta & Dinner Roll Chicken & Cheese Salad served with Whole Grain Dinner Roll Seasoned Corn Fresh Baby Carrots Chilled Pineapple Banana	Cheeseburger on Whole Grain Bun Italian Meatball Sub on Whole Grain Bun Seasoned Curly Fries Caesar Romaine Side Salad Chilled Peaches Fresh Apples	Classic Cheese Pizza Egg Salad on WG Hoagie Bun Seasoned Mixed Vegetables Fresh Baby Carrots Rosy Applesauce Fresh Orange Wedges
1/14	1/15	1/16	1/17	1/18
Breaded Chicken Patty on Whole Grain Bun Beef A Roni served with Whole Grain Dinner Roll Mashed Potatoes & Gravy Fresh Cucumber Slices Chilled Pears Fresh Apples	French Toast Sticks, Syrup & Scrambled Eggs *Hot Ham & Cheese on Whole Grain Bun Seasoned Corn Fresh Baby Carrots Chilled Mixed Fruit Banana	Chicken Alfredo Pasta & Whole Grain Dinner Roll *BBQ Riblet on Whole Grain Bun Seasoned Peas Fresh Broccoli Buds Chilled Pineapple Tidbits Lunch Bunch Grapes	Beef Nachos with Cheese Sauce & Brown Rice Fish Sandwich on Whole Grain Bun Refried Beans Lettuce & Tomato Cups Chilled Peaches Fresh Apples	Toasted Cheese Sandwich on Whole Wheat Bread Sloppy Joe on Whole Grain Bun Tomato Soup Fresh Baby Carrots Chilled Applesauce Fresh Orange Wedges
1/21	1/22	1/23	1/24	1/25
NO SCHOOL 	Pizza Dippers served with Marinara Sauce Swedish Meatballs served over Whole Grain Pasta & Dinner Roll Oven Baked Beans Fresh Baby Carrots Chilled Mixed Fruit Fresh Orange Wedges	Chicken Nuggets served with Whole Grain Dinner Roll Double Cheese Salad served with Whole Grain Dinner Roll Mashed Potatoes & Gravy Fresh Broccoli Buds Chilled Pineapple Tidbits Banana	Oven Baked Corn Dog Italian Baked Pasta served with Whole Grain Dinner Roll Oven Baked Tater Tots Fresh Baby Carrots Chilled Peaches Fresh Apples	Classic Cheese Pizza Tuna Melt Sandwich Seasoned Corn Caesar Side Salad Chilled Applesauce Fresh Orange Wedges
1/28	1/29	1/30	1/31	
Pancakes, *Sausage & Syrup *BBQ Riblet on Whole Grain Bun Seasoned Sliced Carrots Fresh Sugar Snap Peas Cinnamon Baked Apple Slices Fresh Orange Wedges	Hot Dog on Whole Grain Bun Chicken Parmesan & Seasoned Pasta Seasoned Green Beans Fresh Baby Carrots Chilled Pears Banana	Beef Tacos on WG Tortilla Shell served with Sour Cream & Salsa Chicken Fajitas on WG Tortilla Shell Refried Beans Lettuce & Tomato Cup Chilled Pineapple Tidbits Lunch Bunch Grapes	Diced Chicken in Gravy served with Whole Grain Dinner Roll Fish Sticks & Whole Grain Dinner Roll Mashed Potatoes & Gravy Fresh Broccoli Buds Chilled Peaches Fresh Apples	

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

Student Price - \$2.50

Reduced Price - \$.40

Adult price - \$3.75

Milk 1/2 pint - \$.50

Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786

"This institution is an Equal Opportunity Provider."
Director of Dining Services: Sherry Bruggeman