



**River Falls Elementary November Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			*Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk
5	6	7	8	9
*Breakfast Pizza Or Cinnamon Toast Crunch Cereal and Cheese Stick and Choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg, Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Honey Nut Cheerios Cereal and Blueberry Muffin and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	<b>NO SCHOOL</b>
12	13	14	15	16
*Breakfast Pizza Or Cinnamon Toast Crunch and Cheese Stick and choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk
19	20	21	22	23
*Breakfast Pizza Or Cinnamon Toast Crunch and Cheese Stick and choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk			
26	27	28	29	30
*Breakfast Pizza Or Cinnamon Toast Crunch and Cheese Stick and choice of Diced Peaches 100% Apple Juice Cup Choice of Low Fat Milk	*Bacon, Egg & Cheese Biscuit Or Cocoa Puffs Cereal and Apple Cinnamon Muffin and Choice of Applesauce 100% Orange Juice Cup Choice of Low Fat Milk	French Toast Sticks with Syrup Or Build Your Own Yogurt Parfait and Choice of Diced Pears 100% Apple Juice Cup Choice of Low Fat Milk	*Ham, Egg & Cheese Bagel Or Hot Oatmeal with Toppings and Choice of Mixed Fruit 100% Apple Juice Cup Choice of Low Fat Milk	Mini Blueberry Waffles & Syrup Or Mini Filled Strawberry & Cream Cheese Bagel and Choice of Fresh Orange Wedges 100% Grape Juice Cup Choice of Low Fat Milk

Milk.... Skim, 1% and Chocolate Skim available daily

Student Breakfast \$1.50

Reduced Breakfast Price \$ .30

Adult Breakfast \$1.80

Milk 1/2 pt. \$.50

WG - Whole Grain  
\*Item May Contain Pork

Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 715-425-1830

*"This institution is an Equal Opportunity Provider"*

Food Service Director-Sherry Bruggeman