



**River Falls Elementary November Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
			11/1	11/2
	<p><b>LOCALLY GROWN APPLES</b></p> <p><b>FROM CIRCLE K ORCHARD</b></p> 		<p>Diced Chicken in Gravy served with Whole Grain Dinner Rolls</p> <p>Fish Sticks &amp; Whole Grain Dinner Roll</p> <p>Mashed Potatoes &amp; Gravy</p> <p>Red &amp; Green Pepper Strips</p> <p>Chilled Peaches</p> <p>Fresh Local Apples</p>	<p>Classic Cheese Pizza</p> <p>Beef Stew over a Biscuit</p> <p>Seasoned Broccoli Buds</p> <p>Fresh Baby Carrots</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>
11/5	11/6	11/7	11/8	11/9
<p>Crispy Chicken Breast Tenders &amp; Whole Grain Dinner Roll</p> <p>Turkey &amp; Cheese on Whole Grain Bun</p> <p>Mashed Potatoes &amp; Gravy</p> <p>Fresh Baby Carrots</p> <p>Chilled Pears</p> <p>Fresh Local Apples</p>	<p>Oven Baked Mini Corn Dogs</p> <p>Tater Tot Casserole served with Whole Grain Dinner Rolls</p> <p>Oven Baked Beans</p> <p>Confetti Coleslaw</p> <p>Chilled Mixed Fruit</p> <p>Banana</p>	<p>Meatballs in Zesty Marinara Sauce served with Pasta &amp; Dinner Roll</p> <p>Chicken &amp; Cheese Salad served with Whole Grain Dinner Roll</p> <p>Seasoned Corn</p> <p>Fresh Baby Carrots</p> <p>Chilled Pineapple</p> <p>Fresh Orange Wedges</p>	<p>Cheeseburger on Whole Grain Bun</p> <p>Italian Meatball Sub on Whole Grain Bun</p> <p>Seasoned Curly Fries</p> <p>Caesar Romaine Side Salad</p> <p>Chilled Peaches</p> <p>Fresh Local Apples</p>	<b>NO SCHOOL</b>
11/12	11/13	11/14	<b>Thanksgiving Dinner</b>	
<p>Breaded Chicken Patty on Whole Grain Bun</p> <p>Beef A Roni served with Whole Grain Dinner Roll</p> <p>Oven Baked French Fries</p> <p>Fresh Cucumber Slices</p> <p>Chilled Pears</p> <p>Fresh Local Apples</p>	<p>French Toast Sticks, Syrup &amp; Scrambled Eggs</p> <p>*Hot Ham &amp; Cheese on Whole Grain Bun</p> <p>Seasoned Corn</p> <p>Fresh Baby Carrots</p> <p>Chilled Mixed Fruit</p> <p>Banana</p>	<p>Chicken Alfredo Pasta &amp; Whole Grain Dinner Roll</p> <p>*BBQ Riblet on Whole Grain Bun</p> <p>Oven Baked Beans</p> <p>Fresh Cauliflower Buds</p> <p>Chilled Pineapple Tidbits</p> <p>Lunch Bunch Grapes</p>	<p>Turkey in Gravy, Stuffing &amp; Whole Grain Dinner Roll</p> <p>Fish Sandwich on Whole Grain Bun</p> <p>Mashed Potatoes &amp; Gravy</p> <p>Broccoli &amp; Cheese Sauce</p> <p>Cranberry Sauce</p> <p>Fresh Local Apples</p>	<p>Toasted Cheese Sandwich on Whole Wheat Bread</p> <p>Sloppy Joe on Whole Grain Bun</p> <p>Tomato Soup</p> <p>Fresh Baby Carrots</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>
11/19	11/20	11/21	11/22	11/23
<p>Hamburger on Whole Grain Bun</p> <p>Popcorn Chicken &amp; Whole Grain Dinner Roll</p> <p>Au gratin Potatoes</p> <p>Fresh Cucumber Slices</p> <p>Chilled Pears</p> <p>Fresh Local Apples</p>	<p>Pizza Dippers served with Marinara Sauce</p> <p>Swedish Meatballs served over Whole Grain Pasta &amp; Dinner Roll</p> <p>Oven Baked Beans</p> <p>Fresh Baby Carrots</p> <p>Chilled Mixed Fruit</p> <p>Fresh Orange Wedges</p>			
11/26	11/27	11/28	11/29	11/30
<p>Pancakes, *Sausage &amp; Syrup</p> <p>*BBQ Riblet on Whole Grain Bun</p> <p>Seasoned Sliced Carrots</p> <p>Fresh Sugar Snap Peas</p> <p>Chilled Pears</p> <p>Local Fresh Apples</p>	<p>Hot Dog on Whole Grain Bun</p> <p>Chicken Parmesan &amp; Seasoned Pasta</p> <p>Seasoned Green Beans</p> <p>Fresh Baby Carrots</p> <p>Chilled Mixed Fruit</p> <p>Banana</p>	<p>Beef Tacos on WG Tortilla Shell served with Sour Cream &amp; Salsa</p> <p>Chicken Fajitas on WG Tortilla Shell</p> <p>Refried Beans</p> <p>Lettuce &amp; Tomato Cup</p> <p>Chilled Pineapple Tidbits</p> <p>Lunch Bunch Grapes</p>	<p>Chicken Nuggets served with Whole Grain Dinner Roll</p> <p>Double Cheese Salad served with Whole Grain Dinner Roll</p> <p>Mashed Potatoes &amp; Gravy</p> <p>Fresh Broccoli Buds</p> <p>Chilled Peaches</p> <p>Fresh Local Apples</p>	<p>Classic Cheese Pizza</p> <p>Beef Stew over a Biscuit</p> <p>Seasoned Corn</p> <p>Fresh Baby Carrots</p> <p>Chilled Applesauce</p> <p>Fresh Orange Wedges</p>

A full student lunch includes a choice of entrée supplying a protein and grain, vegetable side dishes, fruit side dishes and a choice of milk. Milk choices include 1%, Skim and Chocolate Skim.

Student Price - \$2.50

Reduced Price - \$.40

Adult price - \$3.75

Milk 1/2 pint - \$.50

Menu is subject to change without notice. Questions or Comments? Please contact Dining Services at 715-425-1830 ext. 3786

**"This institution is an Equal Opportunity Provider."**

Director of Dining Services: Sherry Bruggeman