

# SUPPORT GROUP

Are you a parent/grandparent/guardian looking for support as you cope with a child in your life who struggles with:

- Substance Use/Abuse
- Mental Health Issues
- Learning Disabilities
- Bullying
- Gender Identity Issues
- Grief
- Sexual Abuse
- Effects of divorce

Join others who care, understand, want to listen and offer support in a confidential and non-judgmental environment. Learn ways to take care of yourself and find resources available to you.

**WHEN:** FIRST & THIRD FRIDAY OF EACH MONTH 6:30-7:30 PM  
BEGINNING IN OCTOBER 2018

**WHERE:** FIRST NATIONAL BANK COMMUNITY ROOM  
104 EAST LOCUST STREET  
RIVER FALLS, WI 54022



## You Are Not Alone!

For more information or questions call 715-821-3015 or 715-821-1063.